

## RANCH PACKING LIST

- Ideally all clothing should be synthetic and non-cotton (better to have fleece, wool or synthetic material, as cotton takes a long time to dry), even cotton blend is better than straight cotton.
- Horseback Riding boots and helmet are also optional (we have plenty of rubber boots here for riding).
- These items do not have to be brand new. We encourage that you borrow them or purchase from a thrift store.
- Please label all clothing & gear to help ensure their return!
- Please leave all electronic devices and valuables at home. 😊

### Everyone should bring to *Breakaway, Plunge, Sr. Boys, Sr. Girls & Sr. Horsemanship*:

- Bible (available for purchase at camp)
- Bowl, cup and spoon
- Durable and Waterproof rain gear (pants and jacket/no ponchos please) - essential as days are spent outside in rain or shine. Rainy days can be cold so keeping dry makes rain part of the adventure rather than an endurance challenge!!
- Flashlight or Headlamp (with new batteries)
- Heavy sweater or fleece jacket
- Jeans for riding (2 pair minimum). Riders, beware of jeans with a thick seam inside the knees as they can rub your skin raw over a long ride!
- Journal and Pen
- Inside shoes or slippers
- Laundry bag (plastic garbage bag is OK, but make sure it's labeled)
- Modest and Comfortable camp clothes (a.k.a. not new! - shorts, jeans, t-shirts, long-sleeved shirts, socks, underwear, etc. including warm under-layers)
- Modest swimwear and beach towel
- Mosquito repellent (with deet)
- Outside (athletic/hiking ) shoes plus a second old pair of shoes for wading or getting dirty
- Personal toiletries (soap, shampoo, towel, toothbrush and paste, deodorant, etc.)
- Pillow (and pillow case)
- Rubber boots for rainy, muddy days (and/or riding if you choose)
- Sun hat, cowboy hat or baseball cap (caps available for sale at camp)
- Sunglasses
- Sunscreen and optional *non-white* swimming shirt (pool shirt is an alternative to a one piece bathing suit)
- Toque (hats keep body heat in) and mitts or gloves
- Warm jacket (for windy days and/or chilly evenings)
- Warm sleeping bag (-10 down or synthetic fill) with stuff sac (the bag the sleeping bag comes in)
- Water Bottle (min. 1 L) (available for purchase at camp)
- Waterproof bags ((ie: large garbage bags work to keep gear dry for overnights/ out-trips)

Please see next page for **Specific Overnight/Out-trip Gear List for All Campers.**

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### General Overnight Out-Trip Gear for Breakaway, Plunge, Sr. Boys, Sr. Girls:

*Appropriate equipment on an out-trip is a safety must.*

- Sleeping pad (thermarest or blue pad - dense foam that will not absorb water)
- Day pack (big enough to carry water, lunch and jacket for overnight)
- 6 large heavy duty garbage bags (Glad type - 26" by 36" approximate), used for waterproofing
- Water bottle (minimum 1 L size) (available for purchase at camp)
- Cup and bowl (heavy plastic preferred) and spoon
- Toque (hats keep body heat in and protect from the sun) and mitts or gloves
- Fleece or wool jacket (cotton takes a long time to dry – better to have fleece, wool or synthetic material that dries quickly)
- Long underwear set (top & bottom/wool or synthetic)
- Wool or synthetic socks: 2 pairs minimum (wool provides warmth even when wet)
- Fleece pants (optional, but recommended)

### Additional Gear for 12 Year Old Out-Trips at Sr. Girls & Sr. Boys:

- Hiking boots/Athletic shoes with ankle support (waterproofed & MUST be WORN pre-camp to avoid blisters)

### Additional Gear for 13 Year Old Out-trips at Sr. Girls & Sr. Boys:

- Sunglasses
- 60L internal frame backpack with padded hip belt (MUST be FITTED to camper's body)
- Hiking boots with ankle support (waterproofed & MUST be WORN pre-camp to avoid blisters)
- Additional Durable 1 Litre Water Bottle or platypus-style hydration system
- 2 short sleeve wool or synthetic shirts
- 1 long sleeved wool or synthetic shirt
- 1 pair long pants (nylon or similar)
- 1 pair of shorts (nylon or similar)
- Light-weight shoes or sandals for evenings (can double as indoor shoes around Pioneer!)
- Synthetic liner socks are recommended (they reduce blisters)

\*Much of this can be borrowed from people or some items even rented so don't feel you have to go out and buy all of it. Rentals are available from The Outdoor Program Center at U of C (403-220-5038) or at Mountain Equipment Co-op in Calgary (403-269-2420) and Edmonton (780-488-6614). If you do decide to buy, we recommend Mountain Equipment Co-op.

**\*\*14-17 Year Old Campers:** additional out-trip equipment is needed based on which out-trip the camper will be going on. This additional list will be sent to you when your out-trip is confirmed and is also available on the website.