

*Appropriate equipment on an out-trip is a safety must.*

**A Note on Cotton: Cotton clothing increases the risk to a camper's well-being during their out-trip. Nylon, polyester or polypropylene clothing will help protect campers & dries quickly.**

## **Additional Gear for Horseback Riding Out-Trips:**

- Riding jeans (2 pairs) - beware of jeans with a thick seam inside the knees as they can rub your skin raw over a long ride!
- Riding boots with a 1" heel (riding boots can be expensive so unless your child is an avid rider – meaning (s)he will ride more than just at camp - rubber boots are a great alternative.)
- Riding slicker (if you have one already)
- Good rain coat & pants essential (NO PONCHOS)

\*Much of this can be borrowed from people or some items even rented, so don't feel you have to go out and buy all of it. Rentals are available from The Outdoor Program Center at U of C (403-220-5038) or at Mountain Equipment Co-op in Calgary (403-269-2420) and Edmonton (780-488-6614). If you do decide to buy, we recommend Mountain Equipment Co-op.