INTERVARSITY ALBERTA PIONEER CAMP

Packing List

General Packing Information:

Make sure you bring enough clothing for the duration of your camp session (either 4, 5, 6 or 13 days) and that all clothing and personal items are labeled with your name.

General Packing List for Everyone:

Clothing:

- ❑ Clothes That Can Get Dirty or Torn
- ❑ Rain Gear (Must be seam sealed)
- ❑ Wool or Fleece Sweater (2 Minimum)
- ❑ Jeans for Riding
- ❑ Rubber Boots
- ❑ Toque/Mittens
- ❑ Swimwear and Towel
- ❑ Sunglasses
- ❑ Hat (Wide Brimmed if possible)
- ❑ Laundry Bag (For dirty/wet clothes)

Sleeping Essentials

- ❑ Light Sleeping Mat** (Nothing that requires a pump)
- ❑ Sleeping Bag (Minimum Rating -1°C)
- ❑ Pillow and Pillowcase
- ❑ Pajamas

Footwear:

- ❑ Indoor Slippers or Shoes
- ❑ Outside Shoes (runners or hiking boots)
- ❑ Water Shoes/Old Shoes (for wading/getting dirty)

Toiletries

- ❑ Shampoo
- ❑ Soap
- ❑ Toothbrush
- ❑ Toothpaste
- ❑ Deodorant
- ❑ Towel

Other:

- ❑ Bible (FREE at the Tuck Shop)
- ❑ Journal and Pen (Available at the Tuck shop)
- ❑ 1L Water Bottle (available at the Tuck Shop)
- ❑ Headlamp (with spare batteries)
- ❑ Mosquito Repellant
- ❑ Sunscreen
- ❑ Day Pack (30L Max)

Do Not Bring:

- Cell phones or other personal electronics
- Fireworks
- Recreational or Illegal Drugs
- Cigarettes or E-Cigarettes (Including Vapes)

**Not required for Breakaway, Discovery, Explore, or Sr. Skills.

Packing List

Additional Items for Sr. Boys and Sr. Girls Out-Trips and Out Trip Skills Camp Only Below

Please do your best not to send cotton clothing with your child(ren). Cotton clothing when it gets wet takes a long time to dry and increases the likelihood of your child(ren) getting sick or cold.

- *We strongly recommend synthetic (nylon, polyester) materials for day-to-day wear, as they naturally keep moisture off your body and help to regulate your body's temperature and wool or fleece layers to provide warmth, as they will stay warm even when they get wet.*
- *These items do not have to be brand new. We encourage you to borrow items or purchase them from a thrift store.*

12-Year-Old General Out-Trip Additional Packing List

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ Bowl, Cup, and Spoon (Plastic or Aluminum)
- ❑ Additional 1L Water Bottle
- ❑ Hiking Boots (Waterproof and worn in *before* camp)
- ❑ Long Underwear set
- ❑ Wool or Synthetic Socks
- ❑ 3 Heavy Duty garbage Bags (for lining day pack and waterproofing gear)
- ❑ Light-weight shoes or sandals (for evenings; can double as indoor shoes)

13-18-Year-Old Backpacking Out-Trip and Combo Trip Additional Packing List

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ Hiking Pack (60L internal frame with padded hip belt)
- ❑ Bowl, Cup, and Spoon (Plastic or Aluminum)
- ❑ Additional 1L Water bottle
- ❑ Hiking Boots (Waterproof and worn in *before* camp)
- ❑ Long Underwear Set
- ❑ Wool or Synthetic Socks
- ❑ 3 Heavy Duty garbage Bags (for lining hiking pack and waterproofing gear)
- ❑ Light-weight shoes or sandals (for evenings; can double as indoor shoes)

Optional Items:

- ❑ Gaiters
- ❑ Hiking Poles

***Rentals are available from The Outdoor Program Center at the U of C (403-220-5038) or at Mountain Equipment Company in Calgary (+1 888 847 0770) and Edmonton (780-488-6614). If you do decide to buy, we recommend Mountain Equipment Company. ***

Packing List

13-18-Year-Old Canoeing Out-Trip Additional Packing List

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ 40-55L Drybag (Heavier Material is better)
- ❑ 10-30L Drybag (Heavier Material is better)
- ❑ Old Runners or Teva-style strap-on sandals for on the water (**NO** Crocs or Flip Flops)
- ❑ Bowl, Cup, and Spoon (Plastic or Aluminum)
- ❑ Additional 1L Water bottle
- ❑ Long Underwear Set
- ❑ Wool or Synthetic Socks
- ❑ Light-weight shoes or sandals (for evenings; can double as indoor shoes)

Optional Items:

- ❑ Knee Pads
- ❑ Neoprene Socks

13-18-Year-Old Riding Out-Trip Additional Packing List

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ Riding Jeans (2 pairs)
- ❑ Riding Boots with a 1" Heel (Rubber Boots are a great alternative)
- ❑ Bowl, Cup, and Spoon (Plastic or Aluminum)
- ❑ Additional 1L Water Bottle
- ❑ Long Underwear Set
- ❑ Wool or Synthetic Socks
- ❑ Light-weight shoes or sandals (for evenings; can double as indoor shoes)

Optional Items:

- ❑ Oil Skin Slicker
- ❑ Riding Helmet (can be borrowed from Camp)

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INTERVARSITY ALBERTA PIONEER CAMP

Packing List

Additional Items for Sr. Skills***

ZOOM Track Specific Gear

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ Camera with extra batteries/charger and extra memory (SD cards, flash drive, etc.)
- ❑ Sketch book and pens/pencils
- ❑ Painting shirt (one that can be stained)

*** No additional items required for Riding or Paddle tracks

Additional Items for LIT Out Trip

Please do your best not to send cotton clothing with your child(ren). Cotton clothing when it gets wet takes a long time to dry and increases the likelihood of your child(ren) getting sick or cold.

- *We strongly recommend synthetic (nylon, polyester) materials for day-to-day wear, as they naturally keep moisture off your body and help to regulate your body's temperature and wool or fleece layers to provide warmth, as they will stay warm even when they get wet.*
- *These items do not have to be brand new. We encourage you to borrow items or purchase them from a thrift store.*

LIT Backpacking Out-Trip Additional Packing List

In addition to all the items on Page 1 of this packing list please ensure that your child(ren) have the following items:

- ❑ Hiking Pack (60L internal frame with padded hip belt)
- ❑ Bowl, Cup, and Spoon (Plastic or Aluminum)
- ❑ Additional 1L Water bottle
- ❑ Hiking Boots (Waterproof and worn in *before* camp)
- ❑ Long Underwear Set
- ❑ Wool or Synthetic Socks
- ❑ 3 Heavy Duty garbage Bags (for lining hiking pack and waterproofing gear)
- ❑ Light-weight shoes or sandals (for evenings; can double as indoor shoes)

Optional Items:

- ❑ Gaiters
- ❑ Hiking Poles

***Rentals are available from The Outdoor Program Center at the U of C (403-220-5038) or at Mountain Equipment Company in Calgary (+1 888 847 0770) and Edmonton (780-488-6614). If you do decide to buy, we recommend Mountain Equipment Company. ***